

PE Programme for Key Stage 3 Pupils

Through the PE curriculum pupils in Key Stage 3 should be taught to:

- Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.
- Develop technique and improve performance in a range of competitive sports.
- Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems.
- Analyse their performances compared to previous ones and demonstrate improvements to achieve their personal best.
- Take part in competitive sports and activities outside school through community links or outside clubs.
- Pupils should also be encouraged to engage in physical activity for sustained periods of time and lead healthy, active lives.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Co- operation Games	Football/ Basketball	Circuits Volleyball	Uni Hockey Boccia	Athletics	Striking And Fielding
Year 8	Football	Basketball	Circuits Volleyball	Uni-Hockey Boccia	Athletics	Cricket Softball
Year 9	Football	Basketball	Circuits Volleyball	Short Tennis Boccia	Athletics	Cricket Softball
*Local competitions At various School Games Levels	Outdoor *Football- Devon Ability Games	Education *Basketball Club/local Fixtures	Outdoor *Badminton Football Winter Ability Games	Education *Orienteering Boccia/Goalball Devon Winter Games Inter-homebase Boccia comp.	Outdoor *Athletics Devon Summer Games Swimming Gala	Education *Cricket Festival Sports Afternoon Athletics Event